Best Health Practices On and Off the Court

In order to limit personal contact –

* Remain at least 6 feet apart at all times
* Replace the “good game” fist bump with a thumbs up or air high five. No need to approach the net
* Bleach water will be available to clean pickleballs and wipe down hard surfaces players touch including tables, chairs and gate locks. Each group will be expected to clean before they leave
* Numbered pickleballs can be used so each player only serves using their individual pickleball. For all other times, return the ball by lifting it with your foot and/or hitting it with your paddle (like they do in tennis)

Food and water –

* All players should bring their own water in a container that is clearly MARKED WITH YOUR NAME. No community jugs will be available
* Individuals are welcome to bring food for their own personal consumption. No community food should be shared

Healthy environment –

* As long as it is readily available, hand sanitizer and wipes will be available at the courts. However, we strongly urge those who would like to use these products to consider providing your own in your equipment bag
* If you feel sick, please stay home. Mostly likely you need the extra rest and it will help limit your exposure to others