

**April 17-May 9, 2023**

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**2023 Land of Waterfalls Senior Games & SilverArts Official Entry Form REGISTRATION (Deadline: April 6, 2023)**1. Read and sign the liability waiver.   
2. Complete the entry form.   
3. Check all activities that you will be participating in.   
4. Attach the registration paper fee of **$15** to your completed form. **Please make checks to “Transylvania County.”**5. Send completed forms and payment to: **Transylvania County Parks & Recreation, 1078 Ecusta Road, Brevard, NC. 28712 \*\*\*Online Registration $16 at www.countyrec.org see Senior Games tab! \*\*\***

**Name:** \_\_\_\_\_  
 Last Name Preferred First Name Middle Initial  
**Address: \_\_\_\_\_** No. & Street City \_\_\_\_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_\_\_\_\_\_\_\_\_  
**Phone No.:** **Email:** (1 per participant) \_\_\_\_\_

**Date of Birth: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Emergency Contact Phone No. \_\_\_\_\_  
(Must be 50 years old by 12/31/23)** A participant must be a North Carolina resident for a minimum of 3 consecutive months of the year. **T-Shirt Size (Men’s sizes):** \_\_\_ Small \_\_\_ Med \_\_\_ Large \_\_\_ XL \_\_\_ XXL \_\_\_ XXXL \_\_\_ No T-shirt needed Please provide this info to help us; It will be kept confidential. Ethnicity: \_\_ Black or African American; \_\_ Asian; \_\_ American Indian or Alaska Native; \_\_ Caucasian; \_\_ Native Hawaiian or other Pacific Islander; \_\_Hispanic; or \_\_\_ Other   
**Registration Fee $15** Cash Check # to: “Transylvania County” **Additional fees apply to golf & bowling (Fees should be paid to facilities on day of play and not Parks and Recreation.)**

**Liability Waiver:**

1. **SILVERARTS.** I agree not to hold Transylvania County responsible for the security or condition of the artwork that I enter in the 2023 Silver Arts Program. I also agree not to hold Transylvania County responsible for any injury that may occur. Transylvania County agrees to provide due care for all works submitted but may not be held liable for any theft or vandalism that may occur.
2. **ATHLETICS.**  I agree not to hold Transylvania County, Brevard College, Transylvania County Schools, sponsors, or employees responsible for any claim as a result of my participation in the Senior Games. I acknowledge that I am in adequate physical condition to participate. I acknowledge that it is suggested that I consult with a physician before I participate.
3. **Land of Waterfalls Senior Games and SilverArts is now CLOSED to participants who live outside Transylvania County.  If you want to participate in events for Senior Games and you have local games in your county that offers those events, you CAN NOT participate in Land of Waterfalls local games and SilverArts.  This is for all individual and partnered events.  We will remain open for tournament basketball as well as participants who do not have an event at their local games.**
4. I understand that it is my responsibility to check with my local Senior Games Coordinator immediately following my local Senior Games to determine if I qualified for State Finals and to get a State Finals Entry Packet if I do not have internet access. My State Finals registration with payment and all required items must be received in the NCSG office in Raleigh by 11:59 p.m. on August 1st! I understand that this deadline is strictly enforced in fairness to all, and it is my responsibility to make sure I am registered.

1. **Signature Date**

**EVENT REGISTRATION: Please select all that you plan to participate in. All local medal winners qualify to participate in the State Games. All participants must pre-register by April 6, 2023.**

**Please check if you plan on attending the Closing Ceremonies: \_\_\_\_\_\_\_\_**

**INDIVIDUAL EVENTS:**

Softball Throw

Football Throw

Basketball Shooting

Golf (MPS not required in 2023.)

**TRACK AND FIELD EVENTS:**

Discus

Shot Put

Standing Long Jump

Running Long Jump

\_\_\_\_\_\_\_50m Dash

100m Dash

200mDash

400m Dash

800m Run

1500m Race Walk

1500m Run

5K Race Walk

5K Run

\_\_\_\_\_\_\_10K Run

Cycling - 1 Mile

Cycling - 5K

Cycling - 10K

\_\_\_\_\_\_ Silver Striders Fun Walk

5K Power Walking

1500M Power Walking

Recumbent Cycling—1 Mile

Recumbent Cycling—5K

Recumbent Cycling—10K

**TOURNAMENT EVENTS:**

Billiards

\_\_\_\_\_\_\_ Bocce

Corn Hole

\_\_\_\_\_\_\_ **Disc Golf** **(NEW)**

\_\_\_\_\_\_\_ Horseshoes

Shuffleboard

Badminton (Singles)

Badminton (Doubles) Partner:

Badminton (Mixed Doubles) Partner:

Table Tennis (Singles) Partner: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_ Table Tennis (Doubles) Partner:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_Table Tennis (Mixed Doubles) Partner: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Bowling (Singles)

Bowling (Doubles) Partner:

Bowling (Mixed Doubles) Partner:

Pickleball (Singles)

Pickleball (Doubles) Partner:

Pickleball (Mixed Doubles) Partner:

\_\_\_\_\_\_ Spin casting (non-sanctioned)

\_\_\_\_\_\_\_ Spelling Bee (non-sanctioned)

\_\_\_\_\_\_ Tennis (Singles)

\_\_\_\_\_\_\_ Tennis (Doubles) Partner: \_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_ Tennis (Mixed Doubles) Partner: \_\_\_\_\_\_\_\_\_\_\_\_\_\_

**TEAM SPORTS:**

Basketball 3 v 3

**SilverArts   
(Must turn this page in with registration information)**

**HERITAGE ARTS:**  **VISUAL ARTS:**

\_\_\_\_\_\_ Basket Weaving Acrylic

\_\_\_\_\_\_ Crocheting \_\_\_\_\_\_\_ Digital Art (NEW)

\_\_\_\_\_\_ General Fiber Art (NEW) Drawing

\_\_\_\_ Pottery - Hand Built Mixed Media

\_\_\_\_ Pottery - Thrown Oil  
\_\_\_\_ Jewelry Pastels

\_\_\_\_ Knitting Photography - digital

\_\_\_\_ Needle Work Photography – film

\_\_\_\_ Quilting – Hand Stitched Sculpture

\_\_\_\_ Quilting – Machine Stitched \_\_\_\_\_\_\_ Watercolor.

\_\_\_\_ Stained Glass

\_\_\_\_ Tole/Decorative  **LITERARY:** (Literary pieces must be turned in by April 4, 2023.)

\_\_\_\_ Weaving Essay (8 pages max, double space)

Woodcarving Life Experience (auto biography, 8 pages max, double space)

Woodturning Poem (40 lines max, does not need to be double spaced)

Woodworking \_\_\_\_\_\_\_ Short Story (8 pages max, double space) Must be Fiction!!

**PERFORMING ARTS: Three Minutes Maximum Time**

\_\_\_\_Comedy/Drama (Large Group 5+) \_\_\_ Comedy/Drama (Small Group 2-4) \_\_\_ Comedy/Drama (Solo)

\_\_\_\_Line Dance (Large group 5+) \_\_\_\_Line Dance (Small group 2-4)

\_\_\_\_ Vocal (Large group 5+) \_\_\_\_ Vocal (small group 2-4) \_\_\_ Vocal (Solo)

\_\_\_\_Instrumental (Large group 5+) \_\_\_\_ Instrumental (Small group 2-4)

\_\_\_\_Dance (Large group 5+) \_\_\_\_ Dance (Small group 2-4)

**Please list the names of your Art Pieces and list the names of any performances for the Follies.**

**1**

**2**

**3**

**4**

**5**

**6**

**7**

**8**

**9**

**10**

**Silver Arts Guidelines for Local Games 2023**

**Heritage Arts**

Entries must be the work of the individual and not a group.

Heritage Art entries must be an original work. Patterns may be used, but no stamped pieces will be accepted.

Pottery must be hand built or thrown.

Entries from ceramic molds will not be accepted.

All framed entries must be securely wired, ready to be hung (no serrated hooks or string). Two-dimensional work not properly framed and wired will not be displayed.

Framed entries can be no larger than 36" x 42", including matting and frame.

Entries can be no heavier than 50 pounds.

All entries, except framed work, must be able to be displayed in an area 3’(W) x 3’(L) x 5’ (Height).

Groupings (sets) shall have no more than 3 separate pieces per set. All objects within each piece of the set must be contained within or attached to one of the 3 pieces of the set.

Artist's name and title of entry must appear on, or be attached to, entry for identification.

Artists, or their representatives, are responsible to deliver and pick-up their entry at/during the designated times.

The heritage arts entry entered at State Finals must be the same entry that won at the Local Games.

**Visual Arts**

All artwork, except sculpture, must be framed (or gallery wrapped), securely wired, and ready to be hung (no serrated hooks or string). Artwork, except sculpture, not properly wired will not be displayed.

Artwork, except sculpture, can be no larger than 36" x 42", including matting and frame.

Entries can be no heavier than 50 pounds.

Sculpture groupings (sets) may have no more than 3 pieces per grouping (set).

Mixed media may be a freestanding piece.

Photography Film or Digital - determined by the medium on which the image is recorded.

Freestanding entries must be able to be displayed in an area 3’ (W) x 3’ (L) x 5’ (height).

Artists, or their representatives, are responsible to deliver and pick-up their entry at/during the designated times.

The art piece must be an original work, not a print.

Artist's name and title of entry must appear on, or be attached to, entry for identification.

The visual arts entry entered at State Finals must be the same entry that won at the Local Games.

**Literary Arts**

All entries must be typed, double-spaced, on 8-1/2 x 11 paper and have a minimum of 1” margins. A minimum font size is 10-pt type (preferably “times new roman or Arial”). Electronic submissions must be in pdf format.

Poems can be no longer than 40 lines.

Short stories, essays, and life experiences can be no longer than 8 pages.

All entries must have a title page, which includes title of entry, sub-category, and name of artist.

Artist's name must not appear on the content pages.

The literary arts entry entered at State Finals must be the same entry that won at the Local Games.

**Performing Arts**

An artist may only have one (1) entry per size of act in each subcategory.

Performing entries are limited to three (3) minutes of on-stage time. Exceeding the time limit will result in automatic disqualification. Timing is the performer's responsibility and begins with the first note of music or the first movement visible to the audience and ends with the final note of music or movement of the act.

Performing entries may be one of the following: (a) soloists, (b) small groups (2 - 4 performers), or (c) large groups (5 or more performers). Accompanist(s) will be counted to determine size of act. No one under age 50 as of Dec. 31st will be permitted on stage and an accompanist *must* be a registered participant.

Your local games can provide the following items: chairs, microphone(s), piano, and sound system. The act is responsible for all other props and equipment and must get NCSG advance approval for use at Show. Props must be small, few, lightweight and easy to set up quickly.

Voice presentations must be a *live* performance by the artist. Background music can be recorded. Lip-synch is not permitted as a performing art.

The performance at State Finals must be the same performance that won at the Local Games, i.e., same song, dance, music,

This program is sanctioned by North Carolina Senior Games, Inc. NCSG, Inc. is sponsored statewide by the North Carolina Division of Aging and Adult Services.

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| MONDAY, April 17  9:00 a.m.  6:00 p.m. | Open Rehearsal  Opening Ceremonies/Follies | Recreation Department  Recreation Department |
| TUESDAY, April 18  9:00 a.m.  1:00 p.m. | Track: 1500 Meter Race Walk/Power Walk,  1500 Meter Run, Running Long Jump | Brevard College Track |
| WEDNESDAY, April 19  9:00 a.m.  6:00 p.m. | 5K Race Alk/Power Walk, 400 Meter Dash, 200 Meter Dash, 100 Meter Dash, 50 Meter Dash, 800 Meter Run  Table Tennis (Singles, Doubles, Mixed) | Brevard College Track  Brevard College Track  Recreation Department |
| THURSDAY, April 20  11:00 a.m. | Horseshoes | Connestee Falls |
| FRIDAY, April 21  2:00 p.m. | Spelling Bee | College Walk |
| SATURDAY, April 22  9:00 a.m. | FIELD DAY: Basketball shooting, Discus, Football Throw, Shotput, Softball Throw, Standing Long Jump, Spin Casting, Fun Walk | Recreation Department  Recreation Department  Recreation Department |
| MONDAY, April 24  9:00 a.m. | Bocce | College Walk |
| TUESDAY, April 25  9:00 a.m.  10:30 a.m.  2:00 p.m. | Shuffleboard, Men  Shuffleboard, Women  Badminton (Singles, Doubles, Mixed Doubles) | Recreation Department  Recreation Department  Recreation Department |
| WEDNESDAY, April 26  1:00 p.m.  5:00 p.m. | Golf (Additional fee pay on site.)  Cornhole | Connestee Falls  Recreation Department |
| THURSDAY, April 27  9:00 a.m.  3:00 p.m.  3:00 p.m. | Cycling TBA  Bowling **($12 Additional fee pay on site.)**  Billiards (**$1 Per game additional fee pay on site)** | Recreation Department TBA  Rockin’ Bowl  Rockin’ Bowl |
| FRIDAY, April 28  12:00 p.m. | Tennis | Silvermont Tennis Courts |
| *SATURDAY, April 29*  *9:00 a.m.* | *RAIN DATE FIELD DAY* | Recreation Department |
| MONDAY, May 1  9:00 a.m. | 5K Run, 5K Walk, 10 K Run | Recreation Department |
| TUESDAY, May 2  9:00 a.m. | Pickleball (Singles, Doubles, Mixed Doubles) | Recreation Department (Outdoors) |
| WEDNESDAY, May 3  4:00 p.m. | **Disc Golf (NEW\*\*)** | Brevard College First Tee |
| THURSDAY, May 4  9:00 a.m. - 12:00 p.m. | SILVERARTS Drop-Off | Recreation Department |
| FRIDAY, May 5  9:00 a.m. - 12:00 p.m.  2:00 p.m.- 5:00 p.m. | SILVERARTS Judging  SILVERARTS Viewing | Recreation Department  Recreation Department |
| MONDAY, May 8  3:00 p.m. - 5:30 p.m.  6:00 p.m. - 7:30 p.m. | SILVERARTS Viewing  Closing Ceremonies, Banquet, Prizes, and Awards | Recreation Department  Recreation Department |
| TUESDAY, May 9  9:00 a.m. -12:00 p.m. | SILVERARTS Pick-up | Recreation Department |